

ACTIVITY PROGRAMME

2014
NEW ACTIVITIES
CHECK IT OUT!

FEBRUARY 2014

SPRING TERM

>> FREE ACTIVITIES
FOR ALL STUDENTS



eZone



www.facebook.com/eastsurreycollege



@Eastsurreycoll



East Surrey College



Monday



FIND OUT MORE
ON EZONE

Football

12:15 - 13:15

Sports Hall

Join in this mixed level session for a quick kick about and mini tournaments.

Mixed Basketball

15:15 - 16:15

Sports Hall

Autism Spectrum Support Group

15:45 - 16:30

A124



Tuesday

Dodgeball

12:30 - 13:30

Sports Hall

Come along and join this NEW activity. Sessions are mixed for all levels.

Badminton

16:30 - 18:00

Sports Hall

Wednesday



Legs, Bums & Tums

07:45 - 08:15

Sports Hall

This is a quick body fat burning session, which focuses on toning the legs, bum and tummy.

College Sports Teams

14:00 - 15:00

Sports Hall

If you wish to be a part of the college football or basketball team then come along to this open training session.

Autistic Spectrum Support Group

16:15 - 17:00

A124

Develop friendships, talk about support and organise group activities.





Thursday

Table Tennis 12:30 - 13.30 Sports Hall

Legs, Bums & Tums 12:45 - 13.30 Sports Hall

Badminton 14.15 - 15.15 Sports Hall

Enjoy a game of badminton for fun, simply turn up and play, no prior experience necessary. Places are on a first come first served basis.

Archery 16.00 - 17.00 Sports Hall

Develop your archery skills with a chance of developing to competition level. Classes are mixed and for all levels.



Friday

'Just Play' Football 11:00 - 12.00 Sports Hall

This session is for our supported learning students. It is your chance to come and play for East Surrey College and compete against other local colleges!

Multi Sports 13:30 - 14:30 Sports Hall

Join in a range of sports activities to keep fit and have fun, with a new activity each week to try.



Charity events take place throughout the year. Look out for more information on eZone & Facebook



Don't miss **CHECK THIS OUT** sessions



Connect with us



CHECK THIS

OUT >

Dodgeball

Come and join this NEW activity. Sessions are mixed and for all levels.

Tuesday 12:30 - 13:30 in the Sports Hall.

CHECK OUT THIS SESSION.

Student Union

The student union meets every other week to organise different events and discuss any issues. The team are there to represent you and ensure that the student voice is heard. So if you would like to share any thoughts, suggestions or comments then contact su@student.esc.ac.uk

LGBT Forum

Get involved in the LGBT Student Forum on eZone where you can find more information on local LGBT organisations and services and meet other students.

FIND OUT
MORE ON THE ENRICHMENT
NOTICE BOARD IN THE
WINTER GARDEN OR EMAIL
ENRICHMENT@ESC.AC.UK

Keep
up-to-date
with the latest
news & events

www.esc.ac.uk



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